



Speech and Language Virtual Learning

Following Directions

April 2020



One-Step Directions

Lesson: April 2020

Learning Target:

Follow simple one-step directions, with or without pictures

Background: This is a lesson to practice following simple one-step directions.

- Students will participate in warm up songs.
- Students will listen to parent instructions and follow one-step directions.
- Student will utilize picture or parent model if needed.

Warm up:

1. Follow directions with a farmer and his dog!

https://youtu.be/9mmF8z0lh_g

1. A classic song with some new directions!

<https://youtu.be/l4WNrvVjiTw>

Good job watching the videos! Time to practice!





Can you clap your hands one time?



Here's some help. Do what's in the picture!



Can you clap your hands two times?

1



2



Here's some help. Do what's in the picture!



Can you stomp your feet two times?

1



2



Here's some help. Do what's in the picture!



Can you touch your head three times?

1



2



3



Here's some help. Do what's in the picture!



Can you touch your ear?



Here's some help. Do what's in the picture!



Can you sit down?



Here's some help. Do what's in the picture!



Can you close your eyes?



Here's some help. Do what's in the picture!



Can you wave hello?



Here's some help. Do what's in the picture!



Can you stick out your tongue?



Here's some help. Do what's in the picture!



Can you give your family a hug?



Here's some help. Do what's in the picture!

Self Check:

Students, how did you feel about this lesson?



1. Was this lesson...

- easy,
- just right
- hard

2. Have your child ask you to do directions. Do it wrong sometimes to test them!